



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Baumann, Norbert

Club: Duisburg  
Number: 150

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:33:17

Speed: 10.18 km/h  
Running performance: 5:51 min/km

Rank in course/Total: 182 (of 529)

Rank in course/Men: 172 (of 447)

Best time in course: 1:39:39

Rank in category: 30(of 85)

Best time in the category: 1:59:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:39	5:57	47	5:02	235	10:02	3.30	19:39	5:57	47	5:02	235	10:02
Schlüsie	3.10	21:34	6:57	37	4:57	196	7:44	6.40	41:13	6:26	41	9:59	216	15:09
Hermannsklippe	2.60	17:47	6:50	31	3:32	165	6:06	9.00	59:00	6:33	38	13:31	200	21:10
Brocken	3.10	29:19	9:27	32	6:35	173	11:04	12.10	1:28:19	7:17	36	19:57	190	32:14
Eiserner Handwe	3.60	17:57	4:59	38	3:22	172	5:27	15.70	1:46:16	6:46	36	23:19	184	37:41
Schlüsie	4.10	17:28	4:15	31	3:37	165	5:04	19.80	2:03:44	6:14	35	26:56	181	42:43
Loddenke	3.10	14:08	4:33	30	3:08	144	3:48	22.90	2:17:52	6:01	33	30:04	176	46:31
Ilseburg/Markt	3.30	15:25	4:40	26	3:32	130	7:07	26.20	2:33:17	5:51	30	33:36	172	53:38