



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Cerbe, Elias

Club: Braunschweig  
Number: 324

Course: 26.20 km  
26,2 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 2:34:00

Speed: 10.13 km/h  
Running performance: 5:53 min/km

Rank in course/Total: 188 (of 529)

Rank in course/Men: 178 (of 447)

Best time in course: 1:39:39

Rank in category: 20(of 36)

Best time in the category: 1:42:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:19	5:51	21	7:05	216	9:42	3.30	19:19	5:51	21	7:05	216	9:42
Schlüsie	3.10	21:05	6:48	17	7:15	166	7:15	6.40	40:24	6:18	18	14:20	192	14:20
Hermannsklippe	2.60	17:46	6:49	19	5:56	164	6:05	9.00	58:10	6:27	20	20:16	180	20:20
Brocken	3.10	30:00	9:40	22	11:42	197	11:45	12.10	1:28:10	7:17	20	31:58	186	32:05
Eiserner Handwe	3.60	17:07	4:45	14	4:36	124	4:37	15.70	1:45:17	6:42	19	36:34	171	36:42
Schlüsie	4.10	17:01	4:09	16	4:37	137	4:37	19.80	2:02:18	6:10	18	41:11	162	41:17
Loddenke	3.10	14:32	4:41	17	4:11	183	4:12	22.90	2:16:50	5:58	18	45:22	167	45:29
Ilseburg/Markt	3.30	17:10	5:12	20	5:54	254	8:52	26.20	2:34:00	5:52	20	51:16	178	54:21