



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Beckmann, Andre

Club: Pinolino Kinderträume
Number: 330

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:34:01

Speed: 10.13 km/h
Running performance: 5:53 min/km

Rank in course/Total: 189 (of 529)

Rank in course/Men: 179 (of 447)

Best time in course: 1:39:39

Rank in category: 32(of 59)

Best time in the category: 1:54:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:38	5:56	43	5:38	233	10:01	3.30	19:38	5:56	43	5:38	233	10:01
Schlüsie	3.10	21:08	6:49	36	4:59	169	7:18	6.40	40:46	6:22	39	10:37	203	14:42
Hermannsklippe	2.60	17:09	6:35	20	3:28	112	5:28	9.00	57:55	6:26	35	13:57	175	20:05
Brocken	3.10	30:44	9:54	38	10:18	225	12:29	12.10	1:28:39	7:19	37	23:28	198	32:34
Eiserner Handwe	3.60	18:20	5:05	35	4:59	198	5:50	15.70	1:46:59	6:48	36	28:27	195	38:24
Schlüsie	4.10	17:00	4:08	26	4:19	132	4:36	19.80	2:03:59	6:15	34	32:46	184	42:58
Loddenke	3.10	14:13	4:35	28	3:26	155	3:53	22.90	2:18:12	6:02	32	34:47	182	46:51
Ilseburg/Markt	3.30	15:49	4:47	26	3:41	162	7:31	26.20	2:34:01	5:52	32	39:10	179	54:22