



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Weber, Marian

Club: Sinco Tec Laufsport Team
Number: 508

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:34:12

Speed: 10.12 km/h
Running performance: 5:53 min/km

Rank in course/Total: 191 (of 529)

Rank in course/Men: 181 (of 447)

Best time in course: 1:39:39

Rank in category: 34(of 75)

Best time in the category: 1:57:42

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:09	5:48	39	4:42	208	9:32	3.30	19:09	5:48	39	4:42	208	9:32
Schlüsie	3.10	21:32	6:56	37	5:42	192	7:42	6.40	40:41	6:21	36	10:24	201	14:37
Hermannsklippe	2.60	19:21	7:26	51	5:51	266	7:40	9.00	1:00:02	6:40	42	16:15	229	22:12
Brocken	3.10	26:51	8:39	16	5:35	86	8:36	12.10	1:26:53	7:10	28	21:50	162	30:48
Eiserner Handwe	3.60	19:31	5:25	48	6:02	256	7:01	15.70	1:46:24	6:46	34	27:52	186	37:49
Schlüsie	4.10	19:08	4:40	46	6:11	257	6:44	19.80	2:05:32	6:20	37	34:03	202	44:31
Loddenke	3.10	14:09	4:33	28	2:57	147	3:49	22.90	2:19:41	6:05	35	36:14	194	48:20
Ilseburg/Markt	3.30	14:31	4:23	16	1:51	73	6:13	26.20	2:34:12	5:53	34	36:30	181	54:33