



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Zipper, Wolfgang

Club: Langenhagen  
Number: 255

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:34:28

Speed: 10.10 km/h  
Running performance: 5:54 min/km

Rank in course/Total: 193 (of 529)

Rank in course/Men: 183 (of 447)

Best time in course: 1:39:39

Rank in category: 33(of 85)

Best time in the category: 1:59:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:36	5:38	32	3:59	168	8:59	3.30	18:36	5:38	32	3:59	168	8:59
Schlüsie	3.10	20:52	6:43	27	4:15	142	7:02	6.40	39:28	6:10	28	8:14	153	13:24
Hermannsklippe	2.60	18:04	6:56	36	3:49	183	6:23	9.00	57:32	6:23	29	12:03	163	19:42
Brocken	3.10	30:09	9:43	37	7:25	205	11:54	12.10	1:27:41	7:14	32	19:19	177	31:36
Eiserner Handwe	3.60	17:26	4:50	30	2:51	140	4:56	15.70	1:45:07	6:41	31	22:10	170	36:32
Schlüsie	4.10	17:36	4:17	33	3:45	173	5:12	19.80	2:02:43	6:11	31	25:55	171	41:42
Loddenke	3.10	14:32	4:41	36	3:32	183	4:12	22.90	2:17:15	5:59	32	29:27	171	45:54
Ilseburg/Markt	3.30	17:13	5:13	47	5:20	258	8:55	26.20	2:34:28	5:53	33	34:47	183	54:49