



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Wehmeier, Nicole

Club: Brockenlaufverein
Number: 368

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:35:11

Speed: 10.05 km/h
Running performance: 5:55 min/km

Rank in course/Total: 203 (of 529)

Rank in course/Women: 12 (of 82)

Best time in course: 2:09:50

Rank in category: 3(of 17)

Best time in the category: 2:15:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	18:51	5:42	2	1:40	11	3:33	3.30	18:51	5:42	2	1:40	11	3:33
Schlüsie	3.10	20:55	6:44	2	1:39	6	2:48	6.40	39:46	6:12	2	3:19	8	6:14
Hermannsklippe	2.60	17:48	6:50	3	1:24	9	2:05	9.00	57:34	6:23	2	4:43	9	8:19
Brocken	3.10	30:02	9:41	5	4:12	14	4:35	12.10	1:27:36	7:14	2	8:55	9	12:54
Eiserner Handwe	3.60	17:48	4:56	4	2:42	15	3:46	15.70	1:45:24	6:42	3	11:37	11	15:08
Schlüsie	4.10	17:29	4:15	3	2:42	12	4:12	19.80	2:02:53	6:12	3	14:19	11	18:26
Loddenke	3.10	15:30	5:00	9	3:02	33	3:46	22.90	2:18:23	6:02	3	17:21	11	22:12
Ilseburg/Markt	3.30	16:48	5:05	7	2:28	27	3:09	26.20	2:35:11	5:55	3	19:49	12	25:21