



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Schulz-Nötzold, Carsten

Club: Glauchau
Number: 116

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:37:29

Speed: 9.91 km/h
Running performance: 6:01 min/km

Rank in course/Total: 216 (of 529)

Rank in course/Men: 203 (of 447)

Best time in course: 1:39:39

Rank in category: 36(of 59)

Best time in the category: 1:54:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:55	5:25	26	3:55	133	8:18	3.30	17:55	5:25	26	3:55	133	8:18
Schlüsie	3.10	20:23	6:34	24	4:14	118	6:33	6.40	38:18	5:59	26	8:09	125	12:14
Hermannsklippe	2.60	17:39	6:47	30	3:58	156	5:58	9.00	55:57	6:13	25	11:59	121	18:07
Brocken	3.10	29:02	9:21	26	8:36	163	10:47	12.10	1:24:59	7:01	27	19:48	136	28:54
Eiserner Handwe	3.60	19:44	5:28	43	6:23	268	7:14	15.70	1:44:43	6:40	31	26:11	163	36:08
Schlüsie	4.10	20:12	4:55	47	7:31	311	7:48	19.80	2:04:55	6:18	36	33:42	195	43:54
Loddenke	3.10	15:43	5:04	43	4:56	268	5:23	22.90	2:20:38	6:08	35	37:13	203	49:17
Ilseburg/Markt	3.30	16:51	5:06	37	4:43	232	8:33	26.20	2:37:29	6:00	36	42:38	203	57:50