



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Bachmann, Nico

Club: Sv kyffhäuse  
Number: 573

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:37:55

Speed: 9.88 km/h  
Running performance: 6:02 min/km

Rank in course/Total: 221 (of 529)

Rank in course/Men: 207 (of 447)

Best time in course: 1:39:39

Rank in category: 18(of 30)

Best time in the category: 1:39:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:11	5:30	17	8:34	150	8:34	3.30	18:11	5:30	17	8:34	150	8:34
Schlüsie	3.10	21:33	6:57	20	5:39	194	7:43	6.40	39:44	6:12	19	13:35	164	13:40
Hermannsklippe	2.60	18:07	6:58	21	6:26	187	6:26	9.00	57:51	6:25	19	20:01	172	20:01
Brocken	3.10	29:33	9:31	18	11:18	185	11:18	12.10	1:27:24	7:13	17	31:19	173	31:19
Eiserner Handwe	3.60	20:06	5:35	24	7:36	292	7:36	15.70	1:47:30	6:50	17	38:55	200	38:55
Schlüsie	4.10	18:59	4:37	22	6:33	249	6:35	19.80	2:06:29	6:23	19	45:28	213	45:28
Loddenke	3.10	15:05	4:51	19	4:45	224	4:45	22.90	2:21:34	6:10	18	50:13	210	50:13
Ilseburg/Markt	3.30	16:21	4:57	16	8:03	198	8:03	26.20	2:37:55	6:01	18	58:16	207	58:16