



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Holzberg, Britta

Club: BSV Celle
Number: 210

Course: 26.20 km
26,2 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 2:38:45

Speed: 9.83 km/h
Running performance: 6:04 min/km

Rank in course/Total: 231 (of 529)

Rank in course/Women: 18 (of 82)

Best time in course: 2:09:50

Rank in category: 3(of 8)

Best time in the category: 2:09:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:01	6:03	5	4:43	28	4:43	3.30	20:01	6:03	5	4:43	28	4:43
Schlüsie	3.10	22:14	7:10	4	4:07	19	4:07	6.40	42:15	6:36	5	8:43	24	8:43
Hermannsklippe	2.60	18:00	6:55	4	2:17	13	2:17	9.00	1:00:15	6:41	4	11:00	20	11:00
Brocken	3.10	30:18	9:46	3	4:51	15	4:51	12.10	1:30:33	7:29	4	15:51	17	15:51
Eiserner Handwe	3.60	18:00	5:00	3	3:58	16	3:58	15.70	1:48:33	6:54	4	18:17	17	18:17
Schlüsie	4.10	18:22	4:28	4	5:05	24	5:05	19.80	2:06:55	6:24	4	22:28	18	22:28
Loddenke	3.10	15:16	4:55	5	3:32	26	3:32	22.90	2:22:11	6:12	4	26:00	18	26:00
Ilseburg/Markt	3.30	16:34	5:01	4	2:55	24	2:55	26.20	2:38:45	6:03	3	28:55	18	28:55