



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Meima, Jeannet

Club: Trailrunning Harz
Number: 466

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:38:44

Speed: 9.83 km/h
Running performance: 6:04 min/km

Rank in course/Total: 230 (of 529)

Rank in course/Women: 17 (of 82)

Best time in course: 2:09:50

Rank in category: 3(of 16)

Best time in the category: 2:27:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	18:41	5:39	3	0:48	9	3:23	3.30	18:41	5:39	3	0:48	9	3:23
Schlüsie	3.10	21:12	6:50	3	0:17	11	3:05	6.40	39:53	6:13	3	1:00	9	6:21
Hermannsklippe	2.60	18:21	7:03	4	1:04	16	2:38	9.00	58:14	6:28	3	1:38	12	8:59
Brocken	3.10	30:23	9:48	4	3:07	16	4:56	12.10	1:28:37	7:19	3	4:45	14	13:55
Eiserner Handwe	3.60	19:10	5:19	5	2:32	25	5:08	15.70	1:47:47	6:51	3	6:42	14	17:31
Schlüsie	4.10	17:53	4:21	4	2:07	19	4:36	19.80	2:05:40	6:20	3	7:34	13	21:13
Loddenke	3.10	15:29	4:59	5	1:57	32	3:45	22.90	2:21:09	6:09	3	9:25	15	24:58
Ilseburg/Markt	3.30	17:35	5:19	7	2:14	40	3:56	26.20	2:38:44	6:03	3	11:14	17	28:54