



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Haraldson, Torsten

Club: Team Astarot
Number: 207

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:39:09

Speed: 9.80 km/h
Running performance: 6:04 min/km

Rank in course/Total: 235 (of 529)

Rank in course/Men: 216 (of 447)

Best time in course: 1:39:39

Rank in category: 44(of 85)

Best time in the category: 1:59:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Loddenke	3.30	19:40	5:57	48	5:03	237	10:03	3.30	19:40	5:57	48	5:03	237	10:03
Schlüsie	3.10	22:24	7:13	47	5:47	246	8:34	6.40	42:04	6:34	47	10:50	241	16:00
Hermannsklippe	2.60	19:21	7:26	49	5:06	266	7:40	9.00	1:01:25	6:49	49	15:56	254	23:35
Brocken	3.10	31:11	10:03	47	8:27	245	12:56	12.10	1:32:36	7:39	48	24:14	253	36:31
Eiserner Handwe	3.60	18:24	5:06	45	3:49	206	5:54	15.70	1:51:00	7:04	46	28:03	242	42:25
Schlüsie	4.10	17:31	4:16	32	3:40	168	5:07	19.80	2:08:31	6:29	46	31:43	228	47:30
Loddenke	3.10	14:19	4:37	32	3:19	160	3:59	22.90	2:22:50	6:14	45	35:02	219	51:29
Ilseburg/Markt	3.30	16:19	4:56	40	4:26	196	8:01	26.20	2:39:09	6:04	44	39:28	216	59:30