



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Franzke, Jan

Club: TG Wehlheiden Kassel  
Number: 226

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:39:22

Speed: 9.79 km/h  
Running performance: 6:05 min/km

Rank in course/Total: 236 (of 529)

Rank in course/Men: 217 (of 447)

Best time in course: 1:39:39

Rank in category: 45(of 85)

Best time in the category: 1:59:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:55	5:43	39	4:18	189	9:18	3.30	18:55	5:43	39	4:18	189	9:18
Schlüsie	3.10	21:26	6:54	35	4:49	185	7:36	6.40	40:21	6:18	38	9:07	188	14:17
Hermannsklippe	2.60	18:48	7:13	42	4:33	233	7:07	9.00	59:09	6:34	40	13:40	203	21:19
Brocken	3.10	31:11	10:03	47	8:27	245	12:56	12.10	1:30:20	7:27	43	21:58	219	34:15
Eiserner Handwe	3.60	17:17	4:48	28	2:42	134	4:47	15.70	1:47:37	6:51	41	24:40	204	39:02
Schlüsie	4.10	18:36	4:32	48	4:45	230	6:12	19.80	2:06:13	6:22	44	29:25	209	45:12
Loddenke	3.10	15:32	5:00	48	4:32	262	5:12	22.90	2:21:45	6:11	43	33:57	212	50:24
Ilseburg/Markt	3.30	17:37	5:20	51	5:44	274	9:19	26.20	2:39:22	6:04	45	39:41	217	59:43