



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

**Bernhard, Andreas**

Club: Detmold  
Number: 58

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:39:54

Speed: 9.76 km/h  
Running performance: 6:06 min/km

Rank in course/Total: 242 (of 529)

Rank in course/Men: 222 (of 447)

Best time in course: 1:39:39

Rank in category: 29(of 50)

Best time in the category: 1:56:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:53	6:19	35	6:49	318	11:16	3.30	20:53	6:19	35	6:49	318	11:16
Schlüsie	3.10	22:17	7:11	32	6:24	238	8:27	6.40	43:10	6:44	32	13:13	272	17:06
Hermannsklippe	2.60	18:15	7:01	27	4:39	196	6:34	9.00	1:01:25	6:49	32	17:52	254	23:35
Brocken	3.10	29:38	9:33	27	8:41	188	11:23	12.10	1:31:03	7:31	30	26:33	238	34:58
Eiserner Handwe	3.60	20:11	5:36	40	6:20	298	7:41	15.70	1:51:14	7:05	32	32:53	245	42:39
Schlüsie	4.10	17:31	4:16	24	4:15	168	5:07	19.80	2:08:45	6:30	31	37:08	230	47:44
Loddenke	3.10	14:58	4:49	32	3:20	214	4:38	22.90	2:23:43	6:16	30	40:18	223	52:22
Ilseburg/Markt	3.30	16:11	4:54	29	3:15	188	7:53	26.20	2:39:54	6:06	29	43:00	222	1:00:15