



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Rohde, Peter

Club: Wunsch Team
Number: 256

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:40:20

Speed: 9.73 km/h
Running performance: 6:07 min/km

Rank in course/Total: 245 (of 529)

Rank in course/Men: 224 (of 447)

Best time in course: 1:39:39

Rank in category: 43(of 75)

Best time in the category: 1:57:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:29	5:36	30	4:02	163	8:52	3.30	18:29	5:36	30	4:02	163	8:52
Schlüsie	3.10	21:26	6:54	34	5:36	185	7:36	6.40	39:55	6:14	31	9:38	174	13:51
Hermannsklippe	2.60	17:51	6:51	29	4:21	168	6:10	9.00	57:46	6:25	33	13:59	169	19:56
Brocken	3.10	30:38	9:52	42	9:22	222	12:23	12.10	1:28:24	7:18	38	23:21	191	32:19
Eiserner Handwe	3.60	19:55	5:31	53	6:26	283	7:25	15.70	1:48:19	6:53	39	29:47	212	39:44
Schlüsie	4.10	19:28	4:44	48	6:31	275	7:04	19.80	2:07:47	6:27	42	36:18	225	46:46
Loddenke	3.10	15:24	4:58	43	4:12	254	5:04	22.90	2:23:11	6:15	42	39:44	221	51:50
Ilseburg/Markt	3.30	17:09	5:11	47	4:29	252	8:51	26.20	2:40:20	6:07	43	42:38	224	1:00:41