



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Näther, Ronny

Club: LTSV Forst
Number: 96

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:42:03

Speed: 9.63 km/h
Running performance: 6:11 min/km

Rank in course/Total: 261 (of 529)

Rank in course/Men: 236 (of 447)

Best time in course: 1:39:39

Rank in category: 33(of 50)

Best time in the category: 1:56:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:25	5:53	26	5:21	219	9:48	3.30	19:25	5:53	26	5:21	219	9:48
Schlüsie	3.10	21:35	6:57	27	5:42	198	7:45	6.40	41:00	6:24	27	11:03	210	14:56
Hermannsklippe	2.60	18:16	7:01	28	4:40	198	6:35	9.00	59:16	6:35	27	15:43	207	21:26
Brocken	3.10	31:30	10:09	34	10:33	262	13:15	12.10	1:30:46	7:30	29	26:16	233	34:41
Eiserner Handwe	3.60	17:44	4:55	24	3:53	157	5:14	15.70	1:48:30	6:54	30	30:09	218	39:55
Schlüsie	4.10	18:25	4:29	28	5:09	220	6:01	19.80	2:06:55	6:24	29	35:18	215	45:54
Loddenke	3.10	15:40	5:03	35	4:02	266	5:20	22.90	2:22:35	6:13	29	39:10	217	51:14
Ilseburg/Markt	3.30	19:28	5:53	42	6:32	351	11:10	26.20	2:42:03	6:11	33	45:09	236	1:02:24