



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Klanert, Hans- Joachim

Club: Hettstedt
Number: 115

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:42:46

Speed: 9.58 km/h
Running performance: 6:13 min/km

Rank in course/Total: 268 (of 529)

Rank in course/Men: 243 (of 447)

Best time in course: 1:39:39

Rank in category: 23(of 58)

Best time in the category: 2:02:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:50	5:42	12	3:45	180	9:13	3.30	18:50	5:42	12	3:45	180	9:13
Schlüsie	3.10	21:47	7:01	16	4:57	209	7:57	6.40	40:37	6:20	16	8:42	198	14:33
Hermannsklippe	2.60	18:29	7:06	20	4:18	214	6:48	9.00	59:06	6:33	17	13:00	202	21:16
Brocken	3.10	31:22	10:07	24	8:38	251	13:07	12.10	1:30:28	7:28	19	21:38	223	34:23
Eiserner Handwe	3.60	20:26	5:40	34	5:35	307	7:56	15.70	1:50:54	7:03	23	27:13	240	42:19
Schlüsie	4.10	19:59	4:52	31	5:47	300	7:35	19.80	2:10:53	6:36	24	33:00	246	49:52
Loddenke	3.10	15:12	4:54	23	3:39	233	4:52	22.90	2:26:05	6:22	23	36:39	243	54:44
Ilseburg/Markt	3.30	16:41	5:03	22	3:37	220	8:23	26.20	2:42:46	6:12	23	40:16	243	1:03:07