



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Creutzig, Andre

Club: Stapelburg
Number: 479

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:43:02

Speed: 9.57 km/h
Running performance: 6:13 min/km

Rank in course/Total: 270 (of 529)

Rank in course/Men: 245 (of 447)

Best time in course: 1:39:39

Rank in category: 22(of 30)

Best time in the category: 1:39:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:56	6:02	25	10:19	268	10:19	3.30	19:56	6:02	25	10:19	268	10:19
Schlüsie	3.10	22:31	7:15	24	6:37	253	8:41	6.40	42:27	6:37	24	16:18	254	16:23
Hermannsklippe	2.60	20:09	7:44	25	8:28	316	8:28	9.00	1:02:36	6:57	24	24:46	272	24:46
Brocken	3.10	31:28	10:09	20	13:13	259	13:13	12.10	1:34:04	7:46	23	37:59	268	37:59
Eiserner Handwe	3.60	19:00	5:16	16	6:30	241	6:30	15.70	1:53:04	7:12	23	44:29	262	44:29
Schlüsie	4.10	18:04	4:24	17	5:38	200	5:40	19.80	2:11:08	6:37	23	50:07	251	50:07
Loddenke	3.10	15:19	4:56	22	4:59	248	4:59	22.90	2:26:27	6:23	23	55:06	248	55:06
Ilseburg/Markt	3.30	16:35	5:01	19	8:17	214	8:17	26.20	2:43:02	6:13	22	1:03:23	245	1:03:23