



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Teske, Peter

Club: Blomberger Nelkenläufer  
Number: 407

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:43:20

Speed: 9.55 km/h  
Running performance: 6:14 min/km

Rank in course/Total: 275 (of 529)

Rank in course/Men: 250 (of 447)

Best time in course: 1:39:39

Rank in category: 48(of 75)

Best time in the category: 1:57:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:01	5:45	37	4:34	203	9:24	3.30	19:01	5:45	37	4:34	203	9:24
Schlüsie	3.10	22:46	7:20	52	6:56	262	8:56	6.40	41:47	6:31	43	11:30	226	15:43
Hermannsklippe	2.60	19:57	7:40	57	6:27	303	8:16	9.00	1:01:44	6:51	52	17:57	262	23:54
Brocken	3.10	32:08	10:21	54	10:52	292	13:53	12.10	1:33:52	7:45	53	28:49	266	37:47
Eiserner Handwe	3.60	18:24	5:06	34	4:55	206	5:54	15.70	1:52:16	7:09	52	33:44	258	43:41
Schlüsie	4.10	18:45	4:34	43	5:48	236	6:21	19.80	2:11:01	6:37	49	39:32	249	50:00
Loddenke	3.10	16:06	5:11	53	4:54	294	5:46	22.90	2:27:07	6:25	51	43:40	257	55:46
Ilseburg/Markt	3.30	16:13	4:54	41	3:33	190	7:55	26.20	2:43:20	6:14	48	45:38	250	1:03:41