



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Straube, Jens

Club: Bennewitz
Number: 68

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:43:31

Speed: 9.54 km/h
Running performance: 6:14 min/km

Rank in course/Total: 276 (of 529)

Rank in course/Men: 251 (of 447)

Best time in course: 1:39:39

Rank in category: 48(of 85)

Best time in the category: 1:59:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:55	5:07	17	2:18	80	7:18	3.30	16:55	5:07	17	2:18	80	7:18
Schlüsie	3.10	18:53	6:05	10	2:16	60	5:03	6.40	35:48	5:35	14	4:34	70	9:44
Hermannsklippe	2.60	16:30	6:20	16	2:15	75	4:49	9.00	52:18	5:48	13	6:49	66	14:28
Brocken	3.10	26:45	8:37	18	4:01	83	8:30	12.10	1:19:03	6:31	15	10:41	70	22:58
Eiserner Handwe	3.60	22:58	6:22	75	8:23	385	10:28	15.70	1:42:01	6:29	26	19:04	132	33:26
Schlüsie	4.10	21:33	5:15	67	7:42	356	9:09	19.80	2:03:34	6:14	34	26:46	179	42:33
Loddenke	3.10	21:32	6:56	76	10:32	418	11:12	22.90	2:25:06	6:20	46	37:18	237	53:45
Ilseburg/Markt	3.30	18:25	5:34	63	6:32	316	10:07	26.20	2:43:31	6:14	48	43:50	251	1:03:52