



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Fürer, Michael

Club: LC BlueLiner
Number: 184

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:43:33

Speed: 9.54 km/h
Running performance: 6:14 min/km

Rank in course/Total: 277 (of 529)

Rank in course/Men: 252 (of 447)

Best time in course: 1:39:39

Rank in category: 49(of 75)

Best time in the category: 1:57:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:53	5:25	23	3:26	132	8:16	3.30	17:53	5:25	23	3:26	132	8:16
Schlüsie	3.10	22:02	7:06	41	6:12	221	8:12	6.40	39:55	6:14	31	9:38	174	13:51
Hermannsklippe	2.60	19:34	7:31	53	6:04	275	7:53	9.00	59:29	6:36	37	15:42	215	21:39
Brocken	3.10	30:03	9:41	38	8:47	200	11:48	12.10	1:29:32	7:23	41	24:29	211	33:27
Eiserner Handwe	3.60	18:48	5:13	40	5:19	229	6:18	15.70	1:48:20	6:54	40	29:48	214	39:45
Schlüsie	4.10	19:07	4:39	45	6:10	256	6:43	19.80	2:07:27	6:26	40	35:58	218	46:26
Loddenke	3.10	16:36	5:21	60	5:24	324	6:16	22.90	2:24:03	6:17	45	40:36	229	52:42
Ilseburg/Markt	3.30	19:30	5:54	63	6:50	355	11:12	26.20	2:43:33	6:14	49	45:51	252	1:03:54