



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Krause, Ute

Club: Laufgruppe Stecklenberg
Number: 371

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:45:17

Speed: 9.44 km/h
Running performance: 6:19 min/km

Rank in course/Total: 288 (of 529)

Rank in course/Women: 27 (of 82)

Best time in course: 2:09:50

Rank in category: 7(of 17)

Best time in the category: 2:15:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Loddenke	3.30	20:14	6:07	9	33	3:03	4:56	3.30	20:14	6:07	9	33	3:03	4:56
Schlüsie	3.10	23:00	7:25	7	25	3:44	4:53	6.40	43:14	6:45	7	27	6:47	9:42
Hermannsklippe	2.60	19:43	7:34	7	29	3:19	4:00	9.00	1:02:57	6:59	7	27	10:06	13:42
Brocken	3.10	32:00	10:19	6	23	6:10	6:33	12.10	1:34:57	7:50	7	25	16:16	20:15
Eiserner Handwe	3.60	18:54	5:14	7	22	3:48	4:52	15.70	1:53:51	7:15	7	26	20:04	23:35
Schlüsie	4.10	18:27	4:30	6	27	3:40	5:10	19.80	2:12:18	6:40	7	26	23:44	27:51
Loddenke	3.10	15:26	4:58	8	30	2:58	3:42	22.90	2:27:44	6:27	7	26	26:42	31:33
Ilseburg/Markt	3.30	17:33	5:19	9	38	3:13	3:54	26.20	2:45:17	6:18	7	27	29:55	35:27