



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Haase, Marco

Club: Hannover
Number: 33

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:45:44

Speed: 9.41 km/h
Running performance: 6:20 min/km

Rank in course/Total: 294 (of 529)

Rank in course/Men: 267 (of 447)

Best time in course: 1:39:39

Rank in category: 45(of 59)

Best time in the category: 1:54:51

Intermediate times

Stage score

Total ranking

| Control | Split | | Pos | Behind | Stage score | | Pos | Behind | Total | | Pos | Behind | Pos | Behind |
|-----------------|-------|-------|-------|--------|-------------|------|-------|--------|---------|------|-----|--------|-----|---------|
| | km | Time | | | min/km | Cat. | | | Men | Men | | | | |
| Loddenke | 3.30 | 18:48 | 5:41 | 33 | 4:48 | 175 | 9:11 | 3.30 | 18:48 | 5:41 | 33 | 4:48 | 175 | 9:11 |
| Schlüsie | 3.10 | 20:57 | 6:45 | 34 | 4:48 | 149 | 7:07 | 6.40 | 39:45 | 6:12 | 34 | 9:36 | 168 | 13:41 |
| Hermannsklippe | 2.60 | 18:42 | 7:11 | 43 | 5:01 | 229 | 7:01 | 9.00 | 58:27 | 6:29 | 38 | 14:29 | 189 | 20:37 |
| Brocken | 3.10 | 34:07 | 11:00 | 49 | 13:41 | 337 | 15:52 | 12.10 | 1:32:34 | 7:39 | 44 | 27:23 | 252 | 36:29 |
| Eiserner Handwe | 3.60 | 19:49 | 5:30 | 45 | 6:28 | 272 | 7:19 | 15.70 | 1:52:23 | 7:09 | 45 | 33:51 | 260 | 43:48 |
| Schlüsie | 4.10 | 18:43 | 4:33 | 38 | 6:02 | 234 | 6:19 | 19.80 | 2:11:06 | 6:37 | 43 | 39:53 | 250 | 50:05 |
| Loddenke | 3.10 | 15:09 | 4:53 | 39 | 4:22 | 228 | 4:49 | 22.90 | 2:26:15 | 6:23 | 42 | 42:50 | 246 | 54:54 |
| Ilseburg/Markt | 3.30 | 19:29 | 5:54 | 49 | 7:21 | 353 | 11:11 | 26.20 | 2:45:44 | 6:19 | 45 | 50:53 | 267 | 1:06:05 |