



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Manz, Ullrich

Club: BSG Ostsächsische Sparkasse Dresden
Number: 194

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:45:55

Speed: 9.40 km/h
Running performance: 6:20 min/km

Rank in course/Total: 295 (of 529)

Rank in course/Men: 268 (of 447)

Best time in course: 1:39:39

Rank in category: 8(of 29)

Best time in the category: 2:22:45

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | fehlt! | - | - | - | - | - | 3.30 | - | - | - | - | - | - |
| Schlüsie | 3.10 | 44:46 | 14:26 | 29 | 25:13 | 446 | 30:56 | 6.40 | 44:46 | 6:59 | 12 | 8:09 | 315 | 18:42 |
| Hermannsklippe | 2.60 | 19:45 | 7:35 | 11 | 2:32 | 294 | 8:04 | 9.00 | 1:04:31 | 7:10 | 12 | 10:41 | 303 | 26:41 |
| Brocken | 3.10 | 30:23 | 9:48 | 7 | 3:18 | 213 | 12:08 | 12.10 | 1:34:54 | 7:50 | 10 | 13:29 | 280 | 38:49 |
| Eiserner Handwe | 3.60 | 18:59 | 5:16 | 9 | 2:34 | 238 | 6:29 | 15.70 | 1:53:53 | 7:15 | 8 | 15:19 | 268 | 45:18 |
| Schlüsie | 4.10 | 18:54 | 4:36 | 10 | 3:01 | 243 | 6:30 | 19.80 | 2:12:47 | 6:42 | 8 | 18:20 | 273 | 51:46 |
| Loddenke | 3.10 | 15:48 | 5:05 | 12 | 2:41 | 277 | 5:28 | 22.90 | 2:28:35 | 6:29 | 8 | 20:51 | 270 | 57:14 |
| Ilseburg/Markt | 3.30 | 17:20 | 5:15 | 11 | 2:31 | 264 | 9:02 | 26.20 | 2:45:55 | 6:19 | 8 | 23:10 | 268 | 1:06:16 |