



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Saage, Ansgar

Club: SV Kollerbeck
Number: 160

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:46:26

Speed: 9.37 km/h
Running performance: 6:21 min/km

Rank in course/Total: 299 (of 529)

Rank in course/Men: 272 (of 447)

Best time in course: 1:39:39

Rank in category: 51(of 85)

Best time in the category: 1:59:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:42	5:58	49	5:05	241	10:05	3.30	19:42	5:58	49	5:05	241	10:05
Schlüsie	3.10	22:54	7:23	50	6:17	269	9:04	6.40	42:36	6:39	50	11:22	259	16:32
Hermannsklippe	2.60	19:29	7:29	52	5:14	273	7:48	9.00	1:02:05	6:53	50	16:36	270	24:15
Brocken	3.10	33:20	10:45	58	10:36	318	15:05	12.10	1:35:25	7:53	54	27:03	285	39:20
Eiserner Handwe	3.60	18:47	5:13	50	4:12	228	6:17	15.70	1:54:12	7:16	51	31:15	271	45:37
Schlüsie	4.10	18:11	4:26	43	4:20	207	5:47	19.80	2:12:23	6:41	51	35:35	270	51:22
Loddenke	3.10	15:21	4:57	46	4:21	251	5:01	22.90	2:27:44	6:27	50	39:56	262	56:23
Ilseburg/Markt	3.30	18:42	5:40	64	6:49	325	10:24	26.20	2:46:26	6:21	51	46:45	272	1:06:47