



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Gudermann, Stefan

Club: Team laufpix.de  
Number: 91

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:47:18

Speed: 9.32 km/h  
Running performance: 6:23 min/km

Rank in course/Total: 304 (of 529)

Rank in course/Men: 276 (of 447)

Best time in course: 1:39:39

Rank in category: 37(of 50)

Best time in the category: 1:56:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:34	6:13	32	6:30	304	10:57	3.30	20:34	6:13	32	6:30	304	10:57
Schlüsie	3.10	23:42	7:38	37	7:49	297	9:52	6.40	44:16	6:54	34	14:19	298	18:12
Hermannsklippe	2.60	20:10	7:45	42	6:34	320	8:29	9.00	1:04:26	7:09	36	20:53	300	26:36
Brocken	3.10	33:40	10:51	44	12:43	328	15:25	12.10	1:38:06	8:06	38	33:36	310	42:01
Eiserner Handwe	3.60	18:34	5:09	30	4:43	215	6:04	15.70	1:56:40	7:25	37	38:19	293	48:05
Schlüsie	4.10	17:42	4:19	26	4:26	184	5:18	19.80	2:14:22	6:47	37	42:45	279	53:21
Loddenke	3.10	15:40	5:03	35	4:02	266	5:20	22.90	2:30:02	6:33	37	46:37	278	58:41
Ilseburg/Markt	3.30	17:16	5:13	35	4:20	259	8:58	26.20	2:47:18	6:23	37	50:24	276	1:07:39