



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Pabst, Uwe

Club: Halle
Number: 589

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:48:10

Speed: 9.28 km/h
Running performance: 6:25 min/km

Rank in course/Total: 308 (of 529)

Rank in course/Men: 279 (of 447)

Best time in course: 1:39:39

Rank in category: 53(of 85)

Best time in the category: 1:59:41

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Loddenke	3.30	21:34	6:32	74	6:57	351	11:57	3.30	21:34	6:32	74	6:57	351	11:57
Schlüsie	3.10	23:34	7:36	56	6:57	293	9:44	6.40	45:08	7:03	66	13:54	328	19:04
Hermannsklippe	2.60	18:45	7:12	41	4:30	232	7:04	9.00	1:03:53	7:05	57	18:24	291	26:03
Brocken	3.10	30:52	9:57	45	8:08	233	12:37	12.10	1:34:45	7:49	52	26:23	278	38:40
Eiserner Handwe	3.60	21:11	5:53	67	6:36	334	8:41	15.70	1:55:56	7:23	55	32:59	287	47:21
Schlüsie	4.10	19:38	4:47	55	5:47	282	7:14	19.80	2:15:34	6:50	54	38:46	286	54:33
Loddenke	3.10	15:49	5:06	51	4:49	279	5:29	22.90	2:31:23	6:36	54	43:35	282	1:00:02
Ilseburg/Markt	3.30	16:47	5:05	43	4:54	223	8:29	26.20	2:48:10	6:25	53	48:29	279	1:08:31