



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Abel, Ron

Club: Brockenlaufverein
Number: 1000

Course: 1.80 km
1,8 km - Lauf

Category:
männliche Kinder U8 (unter 8 Jahren)

Total time: 10:45

Speed: 10.05 km/h
Running performance: 5:58 min/km

Rank in course/Total: 121 (of 142)

Rank in course/Men: 71 (of 79)

Best time in course: 5:56

Rank in category: 14(of 20)

Best time in the category: 7:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Blochhauer	0.90	5:45	6:23	17	1:37	75	2:42	0.90	5:45	6:23	17	1:37	79	2:42
Ilseburg/Markt	0.90	5:00	5:33	12	1:16	63	2:07	1.80	10:45	5:58	14	2:51	71	4:49