



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Meyer, Frank

Club: SV Blau-Weiß Loburg
Number: 397

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:48:37

Speed: 9.25 km/h
Running performance: 6:26 min/km

Rank in course/Total: 312 (of 529)

Rank in course/Men: 283 (of 447)

Best time in course: 1:39:39

Rank in category: 24(of 36)

Best time in the category: 1:42:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:48	5:41	16	6:34	175	9:11	3.30	18:48	5:41	16	6:34	175	9:11
Schlüsie	3.10	22:01	7:06	21	8:11	219	8:11	6.40	40:49	6:22	21	14:45	207	14:45
Hermannsklippe	2.60	19:42	7:34	25	7:52	286	8:01	9.00	1:00:31	6:43	21	22:37	235	22:41
Brocken	3.10	33:37	10:50	27	15:19	326	15:22	12.10	1:34:08	7:46	24	37:56	271	38:03
Eiserner Handwe	3.60	18:32	5:08	24	6:01	213	6:02	15.70	1:52:40	7:10	23	43:57	261	44:05
Schlüsie	4.10	19:00	4:38	24	6:36	250	6:36	19.80	2:11:40	6:38	23	50:33	261	50:39
Loddenke	3.10	16:37	5:21	32	6:16	326	6:17	22.90	2:28:17	6:28	24	56:49	269	56:56
Ilseburg/Markt	3.30	20:20	6:09	34	9:04	376	12:02	26.20	2:48:37	6:26	24	1:05:53	283	1:08:58