



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Hillebrand, Josef

Club: Non-Stop-Ultra,Brakel
Number: 415

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:49:25

Speed: 9.21 km/h
Running performance: 6:28 min/km

Rank in course/Total: 317 (of 529)

Rank in course/Men: 287 (of 447)

Best time in course: 1:39:39

Rank in category: 11(of 29)

Best time in the category: 2:22:45

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Loddenke	3.30	22:28	6:48	22	5:24	385	12:51	3.30	22:28	6:48	22	5:24	385	12:51
Schlüsie	3.10	25:33	8:14	18	6:00	382	11:43	6.40	48:01	7:30	23	11:24	388	21:57
Hermannsklippe	2.60	20:11	7:45	17	2:58	322	8:30	9.00	1:08:12	7:34	19	14:22	361	30:22
Brocken	3.10	31:56	10:18	12	4:51	286	13:41	12.10	1:40:08	8:16	17	18:43	338	44:03
Eiserner Handwe	3.60	18:16	5:04	8	1:51	193	5:46	15.70	1:58:24	7:32	14	19:50	310	49:49
Schlüsie	4.10	17:47	4:20	7	1:54	187	5:23	19.80	2:16:11	6:52	11	21:44	290	55:10
Loddenke	3.10	15:17	4:55	9	2:10	243	4:57	22.90	2:31:28	6:36	10	23:44	284	1:00:07
Ilseburg/Markt	3.30	17:57	5:26	15	3:08	291	9:39	26.20	2:49:25	6:27	11	26:40	287	1:09:46