



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Barth, Michael

Club: SV Guths Muths Quedlinburg
Number: 56

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:50:36

Speed: 9.14 km/h
Running performance: 6:31 min/km

Rank in course/Total: 324 (of 529)

Rank in course/Men: 292 (of 447)

Best time in course: 1:39:39

Rank in category: 55(of 85)

Best time in the category: 1:59:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:59	6:21	65	6:22	321	11:22	3.30	20:59	6:21	65	6:22	321	11:22
Schlüsie	3.10	23:11	7:28	53	6:34	278	9:21	6.40	44:10	6:54	60	12:56	294	18:06
Hermannsklippe	2.60	19:30	7:30	53	5:15	274	7:49	9.00	1:03:40	7:04	56	18:11	289	25:50
Brocken	3.10	30:18	9:46	39	7:34	210	12:03	12.10	1:33:58	7:45	50	25:36	267	37:53
Eiserner Handwe	3.60	20:48	5:46	63	6:13	320	8:18	15.70	1:54:46	7:18	53	31:49	277	46:11
Schlüsie	4.10	20:51	5:05	63	7:00	336	8:27	19.80	2:15:37	6:50	55	38:49	287	54:36
Loddenke	3.10	16:12	5:13	55	5:12	299	5:52	22.90	2:31:49	6:37	55	44:01	287	1:00:28
Ilseburg/Markt	3.30	18:47	5:41	65	6:54	328	10:29	26.20	2:50:36	6:30	55	50:55	292	1:10:57