



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Lübke, Erik

Club: Geländeläufer  
Number: 146

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 2:51:24

Speed: 9.10 km/h  
Running performance: 6:32 min/km

Rank in course/Total: 332 (of 529)

Rank in course/Men: 297 (of 447)

Best time in course: 1:39:39

Rank in category: 14(of 29)

Best time in the category: 2:22:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:40	5:57	7	2:36	237	10:03	3.30	19:40	5:57	7	2:36	237	10:03
Schlüsie	3.10	22:57	7:24	8	3:24	271	9:07	6.40	42:37	6:39	8	6:00	260	16:33
Hermannsklippe	2.60	18:57	7:17	7	1:44	246	7:16	9.00	1:01:34	6:50	8	7:44	259	23:44
Brocken	3.10	31:54	10:17	11	4:49	285	13:39	12.10	1:33:28	7:43	8	12:03	264	37:23
Eiserner Handwe	3.60	24:33	6:49	26	8:08	411	12:03	15.70	1:58:01	7:31	12	19:27	304	49:26
Schlüsie	4.10	20:50	5:04	16	4:57	335	8:26	19.80	2:18:51	7:00	13	24:24	311	57:50
Loddenke	3.10	15:30	5:00	11	2:23	258	5:10	22.90	2:34:21	6:44	14	26:37	303	1:03:00
Ilseburg/Markt	3.30	17:03	5:10	9	2:14	245	8:45	26.20	2:51:24	6:32	14	28:39	297	1:11:45