



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Vehlow, Stefan

Club: Grimma
Number: 476

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:51:53

Speed: 9.08 km/h
Running performance: 6:34 min/km

Rank in course/Total: 336 (of 529)

Rank in course/Men: 299 (of 447)

Best time in course: 1:39:39

Rank in category: 56(of 85)

Best time in the category: 1:59:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:02	6:22	69	6:25	326	11:25	3.30	21:02	6:22	69	6:25	326	11:25
Schlüsie	3.10	24:27	7:53	70	7:50	334	10:37	6.40	45:29	7:06	70	14:15	339	19:25
Hermannsklippe	2.60	19:41	7:34	55	5:26	284	8:00	9.00	1:05:10	7:14	64	19:41	319	27:20
Brocken	3.10	31:37	10:11	52	8:53	270	13:22	12.10	1:36:47	7:59	57	28:25	300	40:42
Eiserner Handwe	3.60	20:31	5:41	60	5:56	312	8:01	15.70	1:57:18	7:28	58	34:21	299	48:43
Schlüsie	4.10	20:43	5:03	61	6:52	330	8:19	19.80	2:18:01	6:58	59	41:13	304	57:00
Loddenke	3.10	16:33	5:20	60	5:33	323	6:13	22.90	2:34:34	6:44	58	46:46	305	1:03:13
Ilseburg/Markt	3.30	17:19	5:14	48	5:26	261	9:01	26.20	2:51:53	6:33	56	52:12	299	1:12:14