



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Vauth, Jürgen

Club: Non-Stop-Ultra, Brakel
Number: 310

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:52:20

Speed: 9.05 km/h
Running performance: 6:35 min/km

Rank in course/Total: 339 (of 529)

Rank in course/Men: 302 (of 447)

Best time in course: 1:39:39

Rank in category: 57(of 85)

Best time in the category: 1:59:41

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking				
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:20	6:09	58	5:43	288	10:43	3.30	20:20	6:09	58	5:43	288	10:43
Schlüsie	3.10	23:48	7:40	61	7:11	302	9:58	6.40	44:08	6:53	59	12:54	293	18:04
Hermannsklippe	2.60	20:45	7:58	66	6:30	342	9:04	9.00	1:04:53	7:12	61	19:24	310	27:03
Brocken	3.10	34:33	11:08	66	11:49	350	16:18	12.10	1:39:26	8:13	65	31:04	329	43:21
Eiserner Handwe	3.60	18:43	5:11	49	4:08	224	6:13	15.70	1:58:09	7:31	60	35:12	307	49:34
Schlüsie	4.10	20:24	4:58	58	6:33	321	8:00	19.80	2:18:33	6:59	60	41:45	308	57:32
Loddenke	3.10	16:17	5:15	57	5:17	308	5:57	22.90	2:34:50	6:45	60	47:02	309	1:03:29
Ilseburg/Markt	3.30	17:30	5:18	50	5:37	271	9:12	26.20	2:52:20	6:34	57	52:39	302	1:12:41