



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Kramer, Andreas

Club: Potsdam
Number: 235

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:52:23

Speed: 9.05 km/h
Running performance: 6:35 min/km

Rank in course/Total: 340 (of 529)

Rank in course/Men: 303 (of 447)

Best time in course: 1:39:39

Rank in category: 48(of 59)

Best time in the category: 1:54:51

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 17:59 | 5:26 | 27 | 3:59 | 137 | 8:22 | 3.30 | 17:59 | 5:26 | 27 | 3:59 | 137 | 8:22 |
| Schlüsie | 3.10 | 20:29 | 6:36 | 25 | 4:20 | 122 | 6:39 | 6.40 | 38:28 | 6:00 | 27 | 8:19 | 130 | 12:24 |
| Hermannsklippe | 2.60 | 18:10 | 6:59 | 35 | 4:29 | 189 | 6:29 | 9.00 | 56:38 | 6:17 | 26 | 12:40 | 132 | 18:48 |
| Brocken | 3.10 | 29:19 | 9:27 | 28 | 8:53 | 173 | 11:04 | 12.10 | 1:25:57 | 7:06 | 30 | 20:46 | 151 | 29:52 |
| Eiserner Handwe | 3.60 | 21:03 | 5:50 | 47 | 7:42 | 332 | 8:33 | 15.70 | 1:47:00 | 6:48 | 37 | 28:28 | 197 | 38:25 |
| Schlüsie | 4.10 | 24:38 | 6:00 | 56 | 11:57 | 410 | 12:14 | 19.80 | 2:11:38 | 6:38 | 45 | 40:25 | 259 | 50:37 |
| Loddenke | 3.10 | 20:58 | 6:45 | 56 | 10:11 | 412 | 10:38 | 22.90 | 2:32:36 | 6:39 | 47 | 49:11 | 291 | 1:01:15 |
| Ilseburg/Markt | 3.30 | 19:47 | 5:59 | 51 | 7:39 | 364 | 11:29 | 26.20 | 2:52:23 | 6:34 | 48 | 57:32 | 303 | 1:12:44 |