



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Schnaars, Bärbel

Club: Achim  
Number: 583

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 2:53:22

Speed: 9.00 km/h  
Running performance: 6:37 min/km

Rank in course/Total: 349 (of 529)

Rank in course/Women: 40 (of 82)

Best time in course: 2:09:50

Rank in category: 9(of 16)

Best time in the category: 2:27:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	19:48	6:00	6	1:55	24	4:30	3.30	19:48	6:00	6	1:55	24	4:30
Schlüsie	3.10	24:09	7:47	7	3:14	33	6:02	6.40	43:57	6:52	7	5:04	31	10:25
Hermannsklippe	2.60	21:25	8:14	12	4:08	47	5:42	9.00	1:05:22	7:15	9	8:46	39	16:07
Brocken	3.10	35:03	11:18	11	7:47	43	9:36	12.10	1:40:25	8:17	10	16:33	43	25:43
Eiserner Handwe	3.60	19:20	5:22	6	2:42	28	5:18	15.70	1:59:45	7:37	9	18:40	41	29:29
Schlüsie	4.10	18:30	4:30	6	2:44	28	5:13	19.80	2:18:15	6:58	9	20:09	36	33:48
Loddenke	3.10	16:50	5:25	12	3:18	54	5:06	22.90	2:35:05	6:46	9	23:21	37	38:54
Ilseburg/Markt	3.30	18:17	5:32	9	2:56	48	4:38	26.20	2:53:22	6:37	9	25:52	40	43:32