



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Dettmann, Olaf

Club: Team Carl Shultz
Number: 511

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:53:32

Speed: 8.99 km/h
Running performance: 6:37 min/km

Rank in course/Total: 352 (of 529)

Rank in course/Men: 312 (of 447)

Best time in course: 1:39:39

Rank in category: 59(of 85)

Best time in the category: 1:59:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:22	6:10	59	5:45	290	10:45	3.30	20:22	6:10	59	5:45	290	10:45
Schlüsie	3.10	23:01	7:25	51	6:24	274	9:11	6.40	43:23	6:46	55	12:09	281	17:19
Hermannsklippe	2.60	19:34	7:31	54	5:19	275	7:53	9.00	1:02:57	6:59	52	17:28	275	25:07
Brocken	3.10	32:25	10:27	54	9:41	299	14:10	12.10	1:35:22	7:52	53	27:00	284	39:17
Eiserner Handwe	3.60	20:49	5:46	64	6:14	321	8:19	15.70	1:56:11	7:24	56	33:14	289	47:36
Schlüsie	4.10	20:28	4:59	59	6:37	323	8:04	19.80	2:16:39	6:54	57	39:51	294	55:38
Loddenke	3.10	16:41	5:22	63	5:41	331	6:21	22.90	2:33:20	6:41	57	45:32	297	1:01:59
Ilseburg/Markt	3.30	20:12	6:07	71	8:19	373	11:54	26.20	2:53:32	6:37	59	53:51	312	1:13:53