



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Litwin, Carla

Club: Harz-Gebirgslauf Wernigerode
Number: 908

Course: 1.80 km
1,8 km - Lauf

Category:
weibliche Kinder U10 (8-9 Jahre)

Total time: 7:39

Speed: 7.84 km/h
Running performance: 4:15 min/km

Rank in course/Total: 31 (of 142)

Rank in course/Women: 9 (of 63)

Best time in course: 6:48

Rank in category: 2 (of 30)

Best time in the category: 7:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Blochhauer	0.90	3:58	4:24	2	0:08	9	0:22	0.90	3:58	4:24	2	0:08	64	0:22
Ilseburg/Markt	0.90	3:41	4:05	3	0:05	11	0:29	1.80	7:39	4:15	2	0:13	9	0:51