



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Dume, Clemens

Club: Göttingen  
Number: 271

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:54:08

Speed: 8.96 km/h  
Running performance: 6:39 min/km

Rank in course/Total: 354 (of 529)

Rank in course/Men: 314 (of 447)

Best time in course: 1:39:39

Rank in category: 25(of 30)

Best time in the category: 1:39:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:37	6:51	29	13:00	393	13:00	3.30	22:37	6:51	29	13:00	393	13:00
Schlüsie	3.10	25:04	8:05	27	9:10	368	11:14	6.40	47:41	7:27	27	21:32	375	21:37
Hermannsklippe	2.60	20:44	7:58	26	9:03	340	9:03	9.00	1:08:25	7:36	28	30:35	369	30:35
Brocken	3.10	32:32	10:29	24	14:17	303	14:17	12.10	1:40:57	8:20	26	44:52	348	44:52
Eiserner Handwe	3.60	20:21	5:39	26	7:51	303	7:51	15.70	2:01:18	7:43	26	52:43	338	52:43
Schlüsie	4.10	19:52	4:50	25	7:26	292	7:28	19.80	2:21:10	7:07	25	1:00:09	335	1:00:09
Loddenke	3.10	15:11	4:53	20	4:51	232	4:51	22.90	2:36:21	6:49	25	1:05:00	320	1:05:00
Ilseburg/Markt	3.30	17:47	5:23	22	9:29	283	9:29	26.20	2:54:08	6:38	25	1:14:29	314	1:14:29