



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Sehring, Florian

Club: Harzer Keiler e.V.
Number: 276

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:54:31

Speed: 8.94 km/h
Running performance: 6:40 min/km

Rank in course/Total: 359 (of 529)

Rank in course/Men: 318 (of 447)

Best time in course: 1:39:39

Rank in category: 26(of 36)

Best time in the category: 1:42:44

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Loddenke	3.30	22:52	6:55	35	10:38	397	13:15	3.30	22:52	6:55	35	10:38	397	13:15
Schlüsie	3.10	25:41	8:17	34	11:51	389	11:51	6.40	48:33	7:35	35	22:29	398	22:29
Hermannsklippe	2.60	20:46	7:59	29	8:56	343	9:05	9.00	1:09:19	7:42	33	31:25	375	31:29
Brocken	3.10	31:31	10:09	24	13:13	263	13:16	12.10	1:40:50	8:20	28	44:38	345	44:45
Eiserner Handwe	3.60	21:23	5:56	29	8:52	343	8:53	15.70	2:02:13	7:47	29	53:30	351	53:38
Schlüsie	4.10	19:49	4:50	26	7:25	288	7:25	19.80	2:22:02	7:10	28	1:00:55	343	1:01:01
Loddenke	3.10	14:58	4:49	21	4:37	214	4:38	22.90	2:37:00	6:51	27	1:05:32	325	1:05:39
Ilseburg/Markt	3.30	17:31	5:18	25	6:15	272	9:13	26.20	2:54:31	6:39	26	1:11:47	318	1:14:52