



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Holub, Ulrich

Club: SV Kyffhäuser
Number: 42

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:54:49

Speed: 8.92 km/h
Running performance: 6:40 min/km

Rank in course/Total: 362 (of 529)

Rank in course/Men: 321 (of 447)

Best time in course: 1:39:39

Rank in category: 61(of 85)

Best time in the category: 1:59:41

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Stage score		Pos	Behind	Total		Pos	Behind	Pos	Behind
	km	Time			min/km	Cat.			Men	Men				
Loddenke	3.30	18:52	5:43	38	4:15	185	9:15	3.30	18:52	5:43	38	4:15	185	9:15
Schlüsie	3.10	24:24	7:52	68	7:47	331	10:34	6.40	43:16	6:45	53	12:02	275	17:12
Hermannsklippe	2.60	21:28	8:15	71	7:13	366	9:47	9.00	1:04:44	7:11	59	19:15	308	26:54
Brocken	3.10	34:31	11:08	65	11:47	348	16:16	12.10	1:39:15	8:12	63	30:53	324	43:10
Eiserner Handwe	3.60	18:24	5:06	45	3:49	206	5:54	15.70	1:57:39	7:29	59	34:42	301	49:04
Schlüsie	4.10	19:25	4:44	52	5:34	273	7:01	19.80	2:17:04	6:55	58	40:16	297	56:03
Loddenke	3.10	17:38	5:41	67	6:38	364	7:18	22.90	2:34:42	6:45	59	46:54	307	1:03:21
Ilseburg/Markt	3.30	20:07	6:05	69	8:14	370	11:49	26.20	2:54:49	6:40	61	55:08	321	1:15:10