



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Knoll, Martin

Club: LG Bad Frankenhausen/Göllingen
Number: 542

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:54:53

Speed: 8.92 km/h
Running performance: 6:40 min/km

Rank in course/Total: 363 (of 529)

Rank in course/Men: 322 (of 447)

Best time in course: 1:39:39

Rank in category: 28(of 36)

Best time in the category: 1:42:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:13	6:07	25	7:59	282	10:36	3.30	20:13	6:07	25	7:59	282	10:36
Schlüsie	3.10	24:22	7:51	28	10:32	329	10:32	6.40	44:35	6:57	27	18:31	307	18:31
Hermannsklippe	2.60	22:48	8:46	34	10:58	392	11:07	9.00	1:07:23	7:29	28	29:29	351	29:33
Brocken	3.10	40:15	12:59	36	21:57	423	22:00	12.10	1:47:38	8:53	34	51:26	390	51:33
Eiserner Handwe	3.60	20:55	5:48	26	8:24	325	8:25	15.70	2:08:33	8:11	34	59:50	384	59:58
Schlüsie	4.10	17:39	4:18	18	5:15	179	5:15	19.80	2:26:12	7:23	31	1:05:05	363	1:05:11
Loddenke	3.10	14:27	4:39	16	4:06	175	4:07	22.90	2:40:39	7:00	30	1:09:11	350	1:09:18
Ilseburg/Markt	3.30	14:14	4:18	9	2:58	57	5:56	26.20	2:54:53	6:40	28	1:12:09	322	1:15:14