



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Schmidt, Lothar

Club: Ilseburg
Number: 425

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:55:36

Speed: 8.88 km/h
Running performance: 6:42 min/km

Rank in course/Total: 370 (of 529)

Rank in course/Men: 327 (of 447)

Best time in course: 1:39:39

Rank in category: 38(of 58)

Best time in the category: 2:02:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:57	6:02	29	4:52	270	10:20	3.30	19:57	6:02	29	4:52	270	10:20
Schlüsie	3.10	24:42	7:58	43	7:52	354	10:52	6.40	44:39	6:58	37	12:44	311	18:35
Hermannsklippe	2.60	22:32	8:40	48	8:21	390	10:51	9.00	1:07:11	7:27	45	21:05	349	29:21
Brocken	3.10	34:42	11:11	43	11:58	353	16:27	12.10	1:41:53	8:25	45	33:03	357	45:48
Eiserner Handwe	3.60	20:03	5:34	32	5:12	290	7:33	15.70	2:01:56	7:45	43	38:15	349	53:21
Schlüsie	4.10	20:16	4:56	36	6:04	315	7:52	19.80	2:22:12	7:10	42	44:19	344	1:01:11
Loddenke	3.10	15:19	4:56	29	3:46	248	4:59	22.90	2:37:31	6:52	39	48:05	328	1:06:10
Ilseburg/Markt	3.30	18:05	5:28	38	5:01	306	9:47	26.20	2:55:36	6:42	38	53:06	327	1:15:57