



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Erdmann, Gerhard

Club: Rübeland  
Number: 76

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:57:31

Speed: 8.79 km/h  
Running performance: 6:47 min/km

Rank in course/Total: 386 (of 529)

Rank in course/Men: 338 (of 447)

Best time in course: 1:39:39

Rank in category: 41(of 58)

Best time in the category: 2:02:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:37	6:14	39	5:32	308	11:00	3.30	20:37	6:14	39	5:32	308	11:00
Schlüsie	3.10	24:54	8:01	45	8:04	360	11:04	6.40	45:31	7:06	43	13:36	340	19:27
Hermannsklippe	2.60	21:07	8:07	43	6:56	350	9:26	9.00	1:06:38	7:24	44	20:32	346	28:48
Brocken	3.10	33:36	10:50	39	10:52	325	15:21	12.10	1:40:14	8:17	42	31:24	341	44:09
Eiserner Handwe	3.60	21:13	5:53	40	6:22	335	8:43	15.70	2:01:27	7:44	41	37:46	340	52:52
Schlüsie	4.10	20:08	4:54	34	5:56	306	7:44	19.80	2:21:35	7:09	40	43:42	339	1:00:34
Loddenke	3.10	16:27	5:18	36	4:54	317	6:07	22.90	2:38:02	6:54	40	48:36	331	1:06:41
Ilseburg/Markt	3.30	19:29	5:54	44	6:25	353	11:11	26.20	2:57:31	6:46	41	55:01	338	1:17:52