



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Claassen, Marco

Club: Störtebeker Loopers
Number: 170

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:57:27

Speed: 8.79 km/h
Running performance: 6:46 min/km

Rank in course/Total: 385 (of 529)

Rank in course/Men: 337 (of 447)

Best time in course: 1:39:39

Rank in category: 30(of 36)

Best time in the category: 1:42:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:16	5:50	19	7:02	212	9:39	3.30	19:16	5:50	19	7:02	212	9:39
Schlüsie	3.10	22:30	7:15	24	8:40	252	8:40	6.40	41:46	6:31	22	15:42	225	15:42
Hermannsklippe	2.60	20:09	7:44	26	8:19	316	8:28	9.00	1:01:55	6:52	25	24:01	267	24:05
Brocken	3.10	33:44	10:52	28	15:26	330	15:29	12.10	1:35:39	7:54	26	39:27	286	39:34
Eiserner Handwe	3.60	21:01	5:50	27	8:30	330	8:31	15.70	1:56:40	7:25	26	47:57	293	48:05
Schlüsie	4.10	22:45	5:32	34	10:21	386	10:21	19.80	2:19:25	7:02	27	58:18	320	58:24
Loddenke	3.10	19:44	6:21	34	9:23	399	9:24	22.90	2:39:09	6:56	29	1:07:41	341	1:07:48
Ilseburg/Markt	3.30	18:18	5:32	28	7:02	311	10:00	26.20	2:57:27	6:46	30	1:14:43	337	1:17:48