



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Kley, Detlef

Club: Teuto Run and Fun Bielefeld
Number: 217

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:57:51

Speed: 8.77 km/h
Running performance: 6:47 min/km

Rank in course/Total: 389 (of 529)

Rank in course/Men: 341 (of 447)

Best time in course: 1:39:39

Rank in category: 42(of 58)

Best time in the category: 2:02:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:54	6:56	49	7:49	398	13:17	3.30	22:54	6:56	49	7:49	398	13:17
Schlüsie	3.10	25:41	8:17	46	8:51	389	11:51	6.40	48:35	7:35	48	16:40	399	22:31
Hermannsklippe	2.60	21:49	8:23	46	7:38	373	10:08	9.00	1:10:24	7:49	47	24:18	387	32:34
Brocken	3.10	36:00	11:36	45	13:16	371	17:45	12.10	1:46:24	8:47	47	37:34	388	50:19
Eiserner Handwe	3.60	19:48	5:30	29	4:57	270	7:18	15.70	2:06:12	8:02	46	42:31	370	57:37
Schlüsie	4.10	19:59	4:52	31	5:47	300	7:35	19.80	2:26:11	7:22	44	48:18	362	1:05:10
Loddenke	3.10	15:13	4:54	25	3:40	235	4:53	22.90	2:41:24	7:02	43	51:58	351	1:10:03
Ilseburg/Markt	3.30	16:27	4:59	18	3:23	203	8:09	26.20	2:57:51	6:47	42	55:21	341	1:18:12