



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Püschel, Silvio

Club: Halsbrücke
Number: 50

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:57:47

Speed: 8.77 km/h
Running performance: 6:47 min/km

Rank in course/Total: 388 (of 529)

Rank in course/Men: 340 (of 447)

Best time in course: 1:39:39

Rank in category: 42(of 50)

Best time in the category: 1:56:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:35	6:14	33	6:31	306	10:58	3.30	20:35	6:14	33	6:31	306	10:58
Schlüsie	3.10	23:54	7:42	40	8:01	308	10:04	6.40	44:29	6:57	35	14:32	306	18:25
Hermannsklippe	2.60	20:25	7:51	44	6:49	327	8:44	9.00	1:04:54	7:12	39	21:21	312	27:04
Brocken	3.10	33:46	10:53	45	12:49	332	15:31	12.10	1:38:40	8:09	42	34:10	317	42:35
Eiserner Handwe	3.60	20:19	5:38	41	6:28	302	7:49	15.70	1:58:59	7:34	42	40:38	318	50:24
Schlüsie	4.10	21:53	5:20	45	8:37	366	9:29	19.80	2:20:52	7:06	43	49:15	331	59:51
Loddenke	3.10	17:50	5:45	46	6:12	368	7:30	22.90	2:38:42	6:55	44	55:17	338	1:07:21
Ilseburg/Markt	3.30	19:05	5:46	41	6:09	336	10:47	26.20	2:57:47	6:47	42	1:00:53	340	1:18:08