



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Landwehr, Michael

Club: Gernrode  
Number: 372

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M65 (65-69 Jahre)

Total time: 2:58:57

Speed: 8.72 km/h  
Running performance: 6:50 min/km

Rank in course/Total: 393 (of 529)

Rank in course/Men: 345 (of 447)

Best time in course: 1:39:39

Rank in category: 6(of 15)

Best time in the category: 2:29:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:02	6:40	7	4:04	368	12:25	3.30	22:02	6:40	7	4:04	368	12:25
Schlüsie	3.10	25:08	8:06	7	4:09	369	11:18	6.40	47:10	7:22	7	8:13	366	21:06
Hermannsklippe	2.60	21:07	8:07	5	3:09	350	9:26	9.00	1:08:17	7:35	7	11:22	364	30:27
Brocken	3.10	33:37	10:50	6	5:10	326	15:22	12.10	1:41:54	8:25	7	16:32	358	45:49
Eiserner Handwe	3.60	19:51	5:30	4	2:19	276	7:21	15.70	2:01:45	7:45	6	18:51	346	53:10
Schlüsie	4.10	20:14	4:56	4	3:22	314	7:50	19.80	2:21:59	7:10	6	22:13	342	1:00:58
Loddenke	3.10	17:41	5:42	6	3:17	366	7:21	22.90	2:39:40	6:58	5	25:30	343	1:08:19
Ilseburg/Markt	3.30	19:17	5:50	6	3:35	344	10:59	26.20	2:58:57	6:49	6	29:05	345	1:19:18