



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Püschel, Ingrid

Club: Dahlweid Potsdam
Number: 212

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W70 (70-74 Jahre)

Total time: 4:44:57

Speed: 5.47 km/h
Running performance: 10:53 min/km

Rank in course/Total: 525 (of 529)

Rank in course/Women: 81 (of 82)

Best time in course: 2:09:50

Rank in category: 1(of 1)

Best time in the category: 4:44:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	33:16	10:04	1	-	81	17:58	3.30	33:16	10:04	1	-	81	17:58
Schlüsie	3.10	37:39	12:08	1	-	81	19:32	6.40	1:10:55	11:04	1	-	81	37:23
Hermannsklippe	2.60	32:57	12:40	1	-	81	17:14	9.00	1:43:52	11:32	1	-	81	54:37
Brocken	3.10	51:51	16:43	1	-	80	26:24	12.10	2:35:43	12:52	1	-	81	1:21:01
Eiserner Handwe	3.60	34:52	9:41	1	-	81	20:50	15.70	3:10:35	12:08	1	-	81	1:40:19
Schlüsie	4.10	37:09	9:03	1	-	81	23:52	19.80	3:47:44	11:30	1	-	81	2:03:17
Loddenke	3.10	27:51	8:59	1	-	81	16:07	22.90	4:15:35	11:09	1	-	81	2:19:24
Ilseburg/Markt	3.30	29:22	8:53	1	-	81	15:43	26.20	4:44:57	10:52	1	-	81	2:35:07