



46. Brockenlauf  
Ilseburg / 03.09.2016

Detailed evaluation

Roseburg, Bianca

Club: Barleben  
Number: 151

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 3:03:15

Speed: 8.51 km/h  
Running performance: 6:59 min/km

Rank in course/Total: 410 (of 529)

Rank in course/Women: 50 (of 82)

Best time in course: 2:09:50

Rank in category: 13(of 17)

Best time in the category: 2:15:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	22:21	6:46	14	5:10	62	7:03	3.30	22:21	6:46	14	5:10	62	7:03
Schlüsie	3.10	25:45	8:18	13	6:29	53	7:38	6.40	48:06	7:30	13	11:39	55	14:34
Hermannsklippe	2.60	21:54	8:25	13	5:30	52	6:11	9.00	1:10:00	7:46	13	17:09	53	20:45
Brocken	3.10	35:19	11:23	11	9:29	47	9:52	12.10	1:45:19	8:42	13	26:38	51	30:37
Eiserner Handwe	3.60	20:58	5:49	13	5:52	50	6:56	15.70	2:06:17	8:02	13	32:30	51	36:01
Schlüsie	4.10	21:15	5:10	13	6:28	51	7:58	19.80	2:27:32	7:27	13	38:58	50	43:05
Loddenke	3.10	16:19	5:15	14	3:51	47	4:35	22.90	2:43:51	7:09	13	42:49	50	47:40
Ilseburg/Markt	3.30	19:24	5:52	13	5:04	57	5:45	26.20	3:03:15	6:59	13	47:53	50	53:25