



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Krabiell, Uwe

Club: TOUGH GUY
Number: 487

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:04:06

Speed: 8.47 km/h
Running performance: 7:02 min/km

Rank in course/Total: 416 (of 529)

Rank in course/Men: 363 (of 447)

Best time in course: 1:39:39

Rank in category: 69(of 85)

Best time in the category: 1:59:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:08	7:00	79	8:31	402	13:31	3.30	23:08	7:00	79	8:31	402	13:31
Schlüsie	3.10	25:53	8:20	76	9:16	395	12:03	6.40	49:01	7:39	77	17:47	400	22:57
Hermannsklippe	2.60	23:28	9:01	77	9:13	405	11:47	9.00	1:12:29	8:03	77	27:00	406	34:39
Brocken	3.10	33:02	10:39	57	10:18	314	14:47	12.10	1:45:31	8:43	73	37:09	382	49:26
Eiserner Handwe	3.60	22:35	6:16	74	8:00	379	10:05	15.70	2:08:06	8:09	73	45:09	377	59:31
Schlüsie	4.10	22:26	5:28	75	8:35	377	10:02	19.80	2:30:32	7:36	73	53:44	376	1:09:31
Loddenke	3.10	16:36	5:21	61	5:36	324	6:16	22.90	2:47:08	7:17	70	59:20	369	1:15:47
Ilseburg/Markt	3.30	16:58	5:08	46	5:05	241	8:40	26.20	3:04:06	7:01	69	1:04:25	363	1:24:27